**UFC PROHIBITED LIST** (August 31, 2019)

**PART 1:** Except as provided otherwise in **PART 2** below, the UFC Prohibited List shall incorporate the most current Prohibited List published by WADA, as well as any WADA Technical Documents establishing decision limits or reporting levels, and, unless otherwise modified by the UFC Prohibited List or the UFC Anti-Doping Policy, Prohibited Substances, Prohibited Methods, Specified or Non-Specified Substances and Specified or Non-Specified Methods shall be as identified as such on the WADA Prohibited List or WADA Technical Documents.

**PART 2:** Notwithstanding the WADA Prohibited List and any otherwise applicable WADA Technical Documents, the following modifications shall be in full force and effect:

1. **Decision Concentration Levels.** Adverse Analytical Findings reported at a concentration below the following Decision Concentration Levels shall be managed by USADA as Atypical Findings.
   - Clomiphene: 0.1 ng/mL
   - Dehydrochloromethyltestosterone (DHCMT) long-term metabolite (M3): 0.1 ng/mL
   - Hydrochlorothiazide (HCTZ) and metabolites, Torsemide: 20 ng/mL (Out-of-Competition only)
   - Selective Androgen Receptor Modulators (SARMs): 0.1 ng/mL
   - GW-1516 (GW-501516) metabolites: 0.1 ng/mL
   - Epitrenbolone (Trenbolone metabolite): 0.2 ng/mL
   - Dehydrochloromethyltestosterone (DHCMT) long-term metabolite (M3): 0.1 ng/mL
   - Zeranol: 1 ng/mL
   - Zilpaterol: 1 ng/mL

2. **Higenamine:** Higenamine shall be a Prohibited Substance under the UFC Anti-Doping Policy only In-Competition (and not Out-of-Competition). The reporting limit for Higenamine shall be the reporting limit established for Higenamine by the WADA Technical Document TDMPRL.

3. **Intravenous (IV) infusions/injections:** The provision prohibiting the use of certain IV infusions set forth in the WADA Prohibited List is modified as follows: Intravenous infusions and/or injections of more than a total of 100 mL per 12-hour period are prohibited at all times, both In-Competition and Out-of-Competition, except for those legitimately received In-Competition or Out-of-Competition in the course of hospital treatments, surgical procedures, clinical diagnostic investigations, and/or those received In-Competition or Out-of-Competition that are determined to be medically-justified and within the standard of care by a licensed physician and administered by a licensed medical professional. IV infusions/injections shall be considered a Specified Method; provided, however, that, for IV infusions/injections, other than those permitted by the foregoing sentence, the maximum period of Ineligibility shall be six months, unless USADA can establish with Clear and Convincing evidence that such Use and/or Attempted Use was in conjunction with the Use and/or Attempted Use of other Prohibited Substances or Prohibited Methods, was intended to manipulate the Athlete’s biological markers to circumvent the rules of the UFC Anti-Doping Policy or interfere with Sample analysis, or was otherwise intended to tamper with and/or Doping Control, including the interpretation of the results of the Athlete’s Sample or Athlete Biological Passport, in which case the Athlete may be sanctioned for Tampering and/or Attempted Tampering and/or the Use and/or Attempted Use of a Prohibited Method in accordance with the UFC Anti-Doping Policy.

4. **Substances of Abuse:** The following Prohibited Substances shall be considered Substances of Abuse:
   - **CANNABINOIDS:** Natural, e.g. cannabis, hashish and marijuana, or synthetic 9-tetrahydrocannabinol (THC); Cannabinimetics, e.g. “Spice”, JWH-018, JWH-073, HU-210.
   - **NARCOTICS:** Buprenorphine; Dextromoramide; Diamorphine (heroin); Fentanyl and its derivatives; Hydromorphone; Methadone; Morphone; Nicomorphine; Oxycodone; Oxymorphone; Pentazocine; Pethidine.
   - **STIMULANTS:** Cocaine, methylenedioxymethamphetamine (MDMA, “ecstasy”), dimethylamphetamine (DPA), benzylpiperazine (BZP), methamphetamine (D-), p-methylamphetamine, methylenedioxymphetamine (MDA).

**PART 3:** Certified Supplements. Any supplement certified by (a) NSF Certified For Sport, (b) Kolner Liste, (c) Informed Sport Trusted by Sport, (d) HASTA (Human and Supplement Testing Australia) or (e) Banned Substance Control Group (BSCG) or (ii) any other supplement certification organization that has been endorsed and/or approved by a NADO (National Anti-Doping Organization) and mutually agreed to by UFC and USADA and announced to the Athletes.

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1.2 If only clomiphene or SARM metabolite(s) are reported, in the absence of any parent compound or with the parent compound below the Decision Concentration Level, the report shall be managed by USADA as an Atypical Finding.
For purposes of the application of Article 10 of the UFC Anti-Doping Policy, the UFC Prohibited List identifies which Prohibited Substances are Specified or Non-Specified Substances and which Prohibited Methods are Specified or Non-Specified Methods. If not otherwise specifically identified on the UFC Prohibited List, the identification of a Prohibited Substance or Prohibited Method as a Specified or Non-Specified Substance or Method in the WADA Prohibited List or Code shall apply.

All Prohibited Substances shall be considered as “Specified Substances” except substances in classes S1, S2, S4.4, S4.5, S6.A, and Prohibited Methods M1, M2.1, and M3.

**PROHIBITED SUBSTANCES**

S0 **NON-APPROVED SUBSTANCES** Any pharmacological substance which is not addressed by any of the subsequent sections of the List and with no current approval by any governmental regulatory health authority for human therapeutic use (e.g. drugs under pre-clinical or clinical development or discontinued, designer drugs, substances approved only for veterinary use) is prohibited at all times.

S1 **ANABOLIC AGENTS**

Anabolic agents are prohibited.

1. **ANABOLIC ANDROGENIC STEROIDS (AAS)**

   when administered exogenously, including but not limited to:
   1. Androstenediol (5α-androst-1-ene-3β,17β-diol); 1-Androstenedione (5α-androst-1-ene-3,17-dione); 1-Androsterone (3α-hydroxy-5α-androst-1-ene-17-one);
   1. Epandrosterone (3β-hydroxy-5α-androst-1-ene-17-one);
   1. Testosterone (17β-hydroxy-5α-androst-1-ene-3-one);
   4. Androstenediol (androst-4-ene-3β,17β-diol);
   4. Hydroxytestosterone (4,17β-dihydroxyandrost-4-ene-3-one);
   5. Androstenol (androst-5-ene-3,17-dione);
   7.α-hydroxy-DHEA;
   7.β-hydroxy-DHEA;
   7. Keto-DHEA;
   19-Norandrostenediol (estr-4-ene-3,17-diol);
   19-Norandrostenedione (estr-4-ene-3,17-dione);
   Androstanolone (5α-dihydrotestosterone, 17β-hydroxy-5α-androstan-3-one);
   Androstenol (androst-5-ene-3β,17β-diol);
   Androstenol (androst-4-ene-3,17-dione);
   Bolasterone;
   Boldenone;
   Boldione (androst-1,4-diene-3,17-dione);
   Calusterone;
   Clostebol;
   Danazol ((1,2)oxazolo[4',5':2,3]pregna-4-en-20-yn-17α-ol);
   Dehydrochloromethyltestosterone (4-chloro-17β-hydroxy-17α-methylandrosta-1,4-diene-3-one);
   Desoxymethyltestosterone (17α-methyl-5α-androst-2-en-17β-ol and 17α-methyl-5α-androstan-3-en-17β-ol);
   Drostanolone;
   Epianadosterone (3β-hydroxy-5α-androstan-17-one);
   Epi-dihydrotestosterone (17β-hydroxy-5β-androstan-3-one);
   Epistosterone;
   Ethylestrenol (19-nortestra-4-en-17α-ol);
   Fluoxymesterone;
   Formebolone;
   Furazabol (17α-methyl [1,2,5]oxadiazolo[3',4':2,3]-5α-androstan-17β-ol);
   Gestrinone;
   Mestanolone;
   Mesterolone;
   Metandienone (17β-hydroxy-17α-methylandrosta-1,4-dien-3-one);
   Metenolone;
   Methandriol;
   Methasterone (17β-hydroxy-2α,17α-dimethyl-5α-androstan-3-one);
   Methyl-1-testosterone (17β-hydroxy-17α-methyl-5α-androstan-1-en-3-one);
   Methylclostebol;
   Methyldienolone (17β-hydroxy-17α-methylestra-4,9-dien-3-one);
   Methyltestosterone;
   Metribolone (methyltrienolone, 17β-hydroxy-17α-methylestra-4,9,11-trien-3-one);
   Mibolerone;
   Nandrolone (19-nortestosterone);
   Norboleton;
   Norclostebol (4-chloro-17β-ol-estr-4-en-3-one);
   Norethandrolone;
   Oxabolone;
   Oxandrolone;
   Oxymesterone;
   Oxymetholone;
   Prasterone (dehydroepiandrosterone, DHEA, 3β-hydroxyandrost-5-en-17-one);
   Prostanozol (17β-[(tetrahydroxy-2-y1)oxy]-1'H-pyrinol[3,4,2,3]-5α-androstan); Quinbolone;
   Stanbolone;
   Stenbolone;
   Testosterone;
   Tetrahydrogestrinone (17-hydroxy-18a-homo-19-nor-17α-pregna-4,9,11-trien-3-one);
   Trenbolone (17β-hydroxy-estr-4,9,11-trien-3-one);
   and other substances with a similar chemical structure or similar biological effect(s).

2. **OTHER ANABOLIC AGENTS**

   Including, but not limited to:
   Clenbuterol, selective androgen receptor modulators [SARMs, e.g. andarine, LGD-4033 (ligandrol), enobosarm (ostarine) and RAD140], tibolone, zeranol and zipaterol.
PEPTIDE HORMONES, GROWTH FACTORS, RELATED SUBSTANCES, AND MIMETICS

The following substances, and other substances with similar chemical structure or similar biological effect(s), are prohibited:

1. Erythropoietins (EPO) and agents affecting erythropoiesis, including, but not limited to:
   1.1 Erythropoietin-Receptor Agonists, e.g. Darbepoetins (dEPO);
       Erythropoietins (EPO);
       EPO based constructs [e.g. EPO-Fc, methoxy polyethylene glycol-epoetin beta (CERA)];
       EPO-mimetic agents and their constructs (e.g. CNTO-530, peginesatide).
   1.2 Hypoxia-inducible factor (HIF) activating agents, e.g. Cobalt;
       Daprodustat (GSK1278863);
       Molidustat (BAY 85-3934);
       Roxadustat (FG-4592);
       Vadadustat (AKB-6548);
       Xenon.
   1.3 GATA inhibitors, e.g. K-11706.
   1.4 TGF-beta (TGF-β) signalling inhibitors, e.g. Luspatercept;
       Solatercept.
   1.5 Innate repair receptor agonists, e.g. Asialo EPO;
       Carbamylated EPO (CEPO).

2. Peptide Hormones and their Releasing Factors,
   2.1 Chorionic Gonadotrophin (CG) and Luteinizing Hormone (LH) and their releasing factors in males, e.g. Buserelin, deslorelin, gonadorelin, goserelin, leuprorelin, nafarelin and triptorelin;
   2.2 Corticotrophins and their releasing factors, e.g. Corticorelin;
   2.3 Growth Hormone (GH), its fragments and releasing factors, including, but not limited to:
       Growth Hormone fragments, e.g. AOD-9604 and hGH 176-191;
       Growth Hormone Releasing Hormone (GHRH) and its analogues, e.g. CJC-1293, CJC-1295, sermorelin and tesamorelin;
       Growth Hormone Secretagogues (GHS), e.g. IGF-1 and its analogues;
       Growth Hormone Secretagogues (GHS), e.g. IGF-1 and its analogues;
       GH-Releasing Peptides (GHRPs), e.g. Alexamorelin, GHRP-1, GHRP-2 (pralmorelin), GHRP-3, GHRP-4, GHRP-5, GHRP-6, and examorelin (hexarelin).

3. Growth Factors and Growth Factor Modulators, including, but not limited to:
   Fibroblast Growth Factors (FGFs);
   Hepatocyte Growth Factor (HGF);
   Insulin-like Growth Factor-1 (IGF-1) and its analogues;
   Mechanos Growth Factors (MGFs);
   Platelet-Derived Growth Factor (PDGF);
   Thymosin-β4 and its derivatives e.g. TB-500;
   Vascular-Endothelial Growth Factor (VEGF);
   and other growth factors or growth factor modulators affecting muscle, tendon or ligament protein synthesis/degradation, vascularisation, energy utilization, regenerative capacity or fibre type switching.

BETA-2 AGONISTS

All selective and non-selective beta-2 agonists, including all optical isomers, are prohibited. Including, but not limited to:
   Fenoterol;
   Formoterol;
   Higenamine
   Indacaterol;
   Olodaterol;
   Procaterol;
   Reproterol;
   Salbutamol;
   Salmeterol;
   Terbutaline;
   Tretoquinol (trimetoquinol);
   Tulobuterol;
   Vilanterol.

Except:
   • Inhaled salbutamol: maximum 1600 micrograms over 24 hours in divided doses not to exceed 800 micrograms over 12 hours starting from any dose;
   • Inhaled formoterol: maximum delivered dose of 54 micrograms over 24 hours;
   • Inhaled salmeterol: maximum 200 micrograms over 24 hours.

The presence in urine of salbutamol in excess of 1000 ng/mL or formoterol in excess of 40 ng/mL is not consistent with therapeutic use of the substance and will be considered as an Adverse Analytical Finding (AAF) unless the Athlete proves, through a controlled pharmacokinetic study, that the abnormal result was the consequence of a therapeutic dose (by inhalation) up to the maximum dose indicated above.

HORMONE AND METABOLIC MODULATORS

The following hormone and metabolic modulators are prohibited:

1. Aromatase inhibitors including, but not limited to:
   2-Androstenedione (5α-androst-2-en-17-ol);
   2-Androstenedione (5α-androst-2-en-17-one);
   3-Androstenedione (5α-androst-3-en-17-ol);
   3-Androstenedione (5α-androst-3-en-17-one);
   4-Androstene-3,6,17 trione (6-oxo);
   Aminoglutethimide;
   Anastrozole;
   Androsta-1,4,6-triene-3,17-dione (androstatrienedione);
   Androsta-3,5-diene-7,17-dione (arimistane);
   Exemestane;
   Formestane;
   Letrozole;
   Testolactone.

2. Selective estrogen receptor modulators (SERMs) including, but not limited to:
   Bazedoxifene;
   Ospemifene;
   Raloxifene;
3. Other anti-estrogenic substances including, but not limited to:
- Tamoxifen;
- Toremifene.

4. Agents preventing activin receptor IIB activation including, but not limited to:
- Activin A-neutralizing antibodies;
- Activin receptor IIB competitors such as: Decoy activin receptors (e.g. ACE-031);
- Anti-activin receptor IIB antibodies (e.g. Bimagrumab);
- Myostatin inhibitors such as:
  - Agents reducing or ablating myostatin expression; Myostatin-binding proteins (e.g. Follistatin, myostatin propeptide);
  - Myostatin-neutralizing antibodies (e.g. Domagrozumab, landogrozumab, stamulumab).

5. Metabolic modulators:

5.1 Activators of the AMP-activated protein kinase (AMPK), e.g. AICAR, SR9009; and Peroxisome Proliferator Activated Receptor δ (PPARδ) agonists, e.g. 2-(2-methyl-4-((4-methyl-2-(4-(trifluoromethyl) phenyl) thiazol-5-yl)methylthio)phenoxy) acetic acid (GW1516, GW501516);

5.2 Insulins and insulin-mimetics;

5.3 Meldonium;

5.4 Trimetazidine.

S5 DIURETICS AND MASKING AGENTS

The following diuretics and masking agents are prohibited, as are other substances with a similar chemical structure or similar biological effect(s).

Including, but not limited to:

- Desmopressin; probenecid; plasma expanders, e.g. intravenous administration of albumin, dextran, hydroxyethyl starch and mannitol.
- Acetazolamide; amiloride; bumetanide; canrenone; chlortalidone; etacrynic acid; furosemide; indapamide; metolazone; spironolactone; thiazides, e.g. Bendroflu-methiazide, chlorothiazide and hydrochlorothiazide; triamterene and vaptans, e.g. Tolvaptan.

Except:

- Drospirenone; pamabrom; and ophthalmic use of carbonic anhydrase inhibitors (e.g. Dorzolamide, brinzolamide);
- Local administration of felypressin in dental anaesthesia.

The detection in an Athlete’s Sample at all times or In-Competition, as applicable, of any quantity of the following substances subject to threshold limits: formoterol, salbutamol, cathine, ephedrine, methylephedrine and pseudoephedrine, in conjunction with a diuretic or masking agent, will be considered as an Adverse Analytical Finding (AAF) unless the Athlete has an approved Therapeutic Use Exemption (TUE) for that substance in addition to the one granted for the diuretic or masking agent.
GUIDE TO THE UFC PROHIBITED LIST

SUBSTANCES AND METHODS PROHIBITED IN-COMPETITION

In addition to the classes S0 to S5 and M1 to M3 defined above, the following classes are Prohibited In-Competition.

PROHIBITED SUBSTANCES

S6 STIMULANTS

All stimulants, including all optical isomers, e.g. d- and l- where relevant, are prohibited.

Stimulants include:

a: Non-Specified Stimulants:

A

drafinil;

Amfepramone;

Amfetamine;

Amfetamini;

Amphenazone;

Benfluorex;

Benzylpiperazine;

Bromantan;

Clobenzorex;

Cocaine;

Cropropamide;

Crotetamide;

F

camfamicine;

Fenetylline;

Fenfluramine;

Fenproporex;

Fonturacetam [4-phenylpiracetam (carphedon)]; Furfenorex;

L

dexamfetamine;

Mefenorex;

Mefenorex;

Mesocarb;

Metamfetamine(d-);

p-methylamfetamine;

Modafinil;

Norfenfluramine;

Phendimetrazine;

Phentermine;

Prenylamine;

Prolintane.

A stimulant not expressly listed in this section is a Specified Substance.

b: Specified Stimulants.

Including, but not limited to:

3-Methylhexan-2-amine (1,2-dimethylpentylamine);

4-Methylhexan-2-amine (methylhexaneamine);

4-Methylpentan-2-amine (1,3-dimethylbutylamine);

5-Methylhexan-2-amine (1,4-dimethylpentylamine);

Benzphetamine;

Cathine**;

Cathinone and its analogues, e.g. mephedrone, methedrone, and α-pyrrolidinovalerophenone;

Dimetamfetamine (dimethylamphetamine);

Ephedrine***;

Epinephrine**** (adrenaline);

Etamivan;

Etilamfetamine;

Etilefrine;

Famprofazone;

Fenbutrazate;

Fencamfamin;

Heptaminol;

Hydroxyamfetamin (parahydroxyamphetamine); Isomethetene;

Lovmetamfetamine;

Meclofenoxate;

Methylenedioxymethamphetamine;

Methylephedrine***;

Methylphenidate;

Nikethamide;

Norfenefrine;

Octodrine (1,5-dimethylhexylamine);

Oxilofrine (methylsynephrine);

Pemoline;

Pentetrazol;

Phenethylamine and its derivatives;

Phenmetrazine;

Phenpropoethamine;

Propylhexedrine;

Pseudoephedrine*****;

Selageline;

Sibutramine;

Strychnine;

Tenamfetamine (methylenedioxyamphetamine);

Tuaminoheptane;

and other substances with a similar chemical structure or similar biological effect(s).

Except:

• Clonidine;

• Imidazole derivatives for dermatological, nasal or ophthalmic use and those stimulants included in the 2020 Monitoring Program*.

• Bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol, and synephrine: These substances are included in the 2020 Monitoring Program, and are not considered Prohibited Substances.

** Cathine: Prohibited when its concentration in urine is greater than 5 micrograms per milliliter.

*** Ephedrine and methylephedrine: Prohibited when the concentration of either in urine is greater than 10 micrograms per milliliter.

**** Epinephrine (adrenaline): Not prohibited in local administration, e.g. nasal, ophthalmologic, or co-administration with local anaesthetic agent.

***** Pseudoephedrine: Prohibited when its concentration in urine is greater than 150 micrograms per milliliter.
NARCOTICS

The following narcotics, including all optical isomers, e.g. d- and l- where relevant, are prohibited:

- Buprenorphine;
- Dextromoramide;
- Diamorphine (heroin);
- Fentanyl and its derivatives;
- Hydromorphone;
- Methadone;
- Morphine;
- Nicomorphine;
- Oxycodone;
- Oxymorphone;
- Pentazocine;
- Pethidine.

CANNABINOIDS

All natural and synthetic cannabinoids are prohibited, e.g.

- In cannabis (hashish, marijuana) and cannabis products
- Natural and synthetic tetrahydrocannabinols (THCs)
- Synthetic cannabinoids that mimic the effects of THC

Except:

- Cannabidiol.

GLUCOCORTICOIDs

All glucocorticoids are prohibited when administered by oral, intravenous, intramuscular or rectal routes.

Including but not limited to:

- Betamethasone;
- Budesonide;
- Cortisone;
- Deflazacort;
- Dexamethasone;
- Flucortisone;
- Hydrocortisone;
- Methylprednisolone;
- Prednisolone;
- Prednisone;
- Triamcinolone.

BETA-BLOCKERS

Beta-blockers are prohibited In-Competition only, in the following sports, and also prohibited Out-of-Competition where indicated.

- Archery (WA)*
- Automobile (FIA)
- Billiards (all disciplines) (WCBS)
- Darts (WDF)
- Golf (IGF)
- Shooting (ISSF, IPC)*
- Skiing/Snowboarding (FIS) in ski jumping, freestyle aerials/halfpipe and snowboard halfpipe/big air
- Underwater sports (CMAS) in constant-weight apnoea with or without fins, dynamic apnoea with and without fins, free immersion apnoea, Jump Blue apnoea, spearfishing, static apnoea, target shooting, and variable weight apnoea.

*Also prohibited Out-of-Competition

Including but not limited to:

- Acebutolol;
- Alprenolol;
- Atenolol;
- Betaxolol;
- Bisoprolol;
- Bunolol;
- Carteolol;
- Carvedilol;
- Celiprolol;
- Esmolol;
- Labetalol;
- Metipranolol;
- Metoprolol;
- Nadolol;
- Nadolol;
- Pindolol;
- Propranolol;
- Sotalol;
- Timolol.