

## 1. General Principles

The Ultimate Fighting Championship ("*UFC*") Policy for Therapeutic Use Exemptions (the "*UFC TUE Policy*" or "*Policy*") is based upon the relevant provisions of the UFC Anti-Doping Policy (the "*UFC ADP*"). This Policy is informed by the following general principles which provide the context for the UFC TUE Policy.

It is each *Athlete's* personal duty to ensure that no *Prohibited Substance* enters his or her body. *Athletes* are responsible for any *Prohibited Substance* or its *Metabolites* or *Markers* found to be present in their *Samples*. Source: UFC ADP, Article 2.2.1.

*Athletes* with documented medical conditions requiring the use of a *Prohibited Substance* or a *Prohibited Method* must request a Therapeutic Use Exemption ("*TUE*") from *USADA* prior to the *Use* of the *Prohibited Substance* or *Prohibited Method*, except as provided in Section 3 with respect to the processing of applications for retroactive *TUEs*. All *TUE* applications will be evaluated by the Therapeutic Use Exemption Committee ("*TUEC*") established by *USADA*.

If emergency treatment of an *Athlete* requires the *Use* of a *Prohibited Substance* or *Prohibited Method*, the *Athlete* must submit a *TUE* application to *USADA* with full medical documentation from the emergency as soon as possible after the start of the treatment. In such cases, the decision for the emergency *TUE* request will be made by the *TUEC* after treatment has taken place.

**WARNING:** Because excretion rates for various substances vary between individuals, for substances which are prohibited only *In-Competition*, *Athletes* are advised to ensure sufficient time for any such substance to clear their body before participating in a *Bout* in order to avoid an anti-doping policy violation. Of course, discontinuance of a medication can also have adverse health consequences and should never be undertaken without consultation with the *Athlete's* physician and a full appreciation of the risks involved. The only completely safe method for an *Athlete* to *Use* a *Prohibited Substance* without risking an anti-doping policy violation is to obtain a *TUE* prior to the *Use* of a *Prohibited Substance* or *Prohibited Method*.

## 2. Definitions

A complete list of definitions that are relevant to this UFC TUE Policy can be found in Appendix 1 of the UFC ADP. In addition, the definitions listed below have particular importance in applying this Policy. Throughout this Policy and as demonstrated in this Section below, terms defined in the UFC ADP are written in *italics* and terms specific to this UFC TUE Policy are underlined.

*Adverse Analytical Finding:* A report from a *WADA*-accredited laboratory or other *WADA*-approved laboratory that, consistent with the *International Standard* for Laboratories and related Technical Documents, identifies in a *Sample* the presence of a *Prohibited Substance* or its *Metabolites* or *Markers* (including elevated quantities of endogenous substances) or evidence of the *Use* of a *Prohibited Method*.

*Athlete:* Any fighter who is under contract with *UFC*, or participates as a fighter in *UFC Bouts*, or is scheduled to participate as a fighter in *UFC Bouts*.

*Athletic Commission:* Any regulatory body established or recognized by a state or other governmental entity with authority to regulate, approve, sanction or license mixed martial arts competitions or the *Participants* in those competitions.

*Bout:* A mixed martial arts contest or exhibition promoted or otherwise conducted by *UFC*.

*In-Competition:* "*In-Competition*" means the period commencing six hours prior to the commencement of the scheduled weigh-in and ending six hours after the conclusion of the *Bout*.

*Prohibited List*: The List identifying the *Prohibited Substances* and *Prohibited Methods*.

*TUE*: Therapeutic Use Exemption, as described in [UFC ADP] Article 4.4.

TUEC: The panel established by *USADA* to consider applications for *TUEs*.

*Use*: The utilization, application, ingestion, injection or consumption by any means whatsoever of any *Prohibited Substance* or *Prohibited Method*.

### 3. Policy for *UFC Athletes*

*USADA* will process *TUE* applications for *UFC Athletes* in accordance with this UFC *TUE* Policy.

A *UFC Athlete* may apply to *USADA* for a *TUE* for any *Prohibited Substance* at any time; however, such applications should be complete and received by *USADA* in accordance with the following timeline:

- a. At least twenty-one (21) days in advance of the *Athletes* intended *Use* of the prohibited medication when the *Athlete* is not scheduled to participate in a *Bout*; or
- b. At least ninety (90) days in advance of the *Athlete's* intended *Use* when the *Athlete* is scheduled to participate in any *Bout* more than ninety (90) days in the future; or
- c. As soon as practicable when the *Athlete* is scheduled to participate in a *Bout* with less than ninety (90) days advance notice.

*USADA* will consider late filed or applications for retroactive *TUEs*; however, the *Athlete* does so at his or her own risk as *USADA* makes no guarantee regarding the processing of a *TUE* under such circumstances. Furthermore, in such instances, the *Athlete* may be charged up to the full cost for processing the *TUE* application where such filing, in the determination of *USADA*, is not attributed to factors outside the *Athlete's* control.

*USADA* will make best efforts to expedite late filed *TUE* requests in advance of the *Athlete's* intended *Use* based on exceptional circumstances, but makes no guarantees regarding the processing of *TUE* applications under that timeframe.

Furthermore, applications for retroactive *TUEs* will only be considered where the *Use* of the *Prohibited Substance* or *Prohibited Method* is medically justified. *Athletes* are cautioned that the *Use* of a *Prohibited Substance* or *Prohibited Method* without prior *TUE* approval is at their own risk and that the only way to ensure such *Use* will not result in an anti-doping policy violation is by obtaining a *TUE* prior to the *Use* of any such substance or method.

### 4. Coordination with *Athletic Commissions*

*UFC* or *USADA* will attempt to coordinate *TUE* applications with applicable *Athletic Commissions*. *UFC Athletes* are on notice, however, that because *UFC* and *USADA* do not control *Athletic Commission* decisions to recognize a *UFC TUE* or to grant their own *TUEs*, *UFC Athletes* should not use any substance or method prohibited by an *Athletic Commission* unless they are certain that an *Athletic Commission TUE* is in place. In addition, any *Athlete* who obtains a *TUE* from an *Athletic Commission* or other *Anti-Doping Organization*, will still need to apply for a *UFC TUE*. As a condition of *USADA's* consideration of *TUE* applications, *Athletes* acknowledge and agree that their *TUE* applications and other information submitted or considered in connection with those applications, including decisions of the *USADA TUEC*, may be shared with any applicable *Athletic Commission*.

## 5. Appeal

In the case of any *TUE* denial, an *Athlete* will be provided a detailed explanation as to why their *TUE* application did not meet the criteria for approval. Any *Athlete* may request further information about a denial, and may request a medical review from *USADA* by contacting the *USADA* Science Director.

*Athletes* may appeal a *TUE* denial pursuant to the Hearing Protocol in Annex A of the UFC ADP after exhaustion of the administrative review provided in the UFC ADP and in this UFC *TUE* Policy.

## 6. Effective Date

The effective date of this UFC *TUE* Policy (version 1) shall be July 1, 2015. This Policy shall not apply retroactively to matters pending before July 1, 2015.

## 7. Amendments

This UFC *TUE* Policy may be amended from time to time by *USADA*. Unless otherwise indicated, all amendments shall be effective no earlier than thirty (30) days after publication on the *UFC* anti-doping website ([www.UFC.USADA.org](http://www.UFC.USADA.org)), with the precise effective date (and version) to be indicated in Section 6, above. It is each *Athlete's* responsibility to regularly check *UFC's* anti-doping website to ensure that they are consulting the most up to date version of this and other anti-doping related policies.