1 ATHLETE SELECTION AND NOTIFICATION: In-Competition (IC) and Out-of-Competition (OOC)

- An athlete can be selected and notified for testing both IC and OOC.
- The athlete will be notified by a certified Doping Control Officer (DCO) or chaperone.

2 PROVIDING A SAMPLE: Urine

- A DCO or chaperone will directly observe the athlete providing a sample.
- The athlete is required to provide at least 90 mls of urine.

Blood

- A Blood Collection Officer (BCO) will draw the athlete’s blood.
- The amount of blood drawn is less than 1 tablespoon and should not effect performance.

3 PROCESSING OF A SAMPLE: Urine

- The athlete will select a kit.
- The athlete will divide their sample between the A & B bottles and secure both bottles.

4 DOCUMENTATION AND LABORATORY ANALYSIS:

- Documentation will be completed on either a physical or electronic form. A copy of the form will be provided to the athlete.
- The samples are sent to an independent, WADA accredited laboratory for analysis.
For more information on the UFC Anti-Doping Policy, please visit UFC.USADA.org.